Multiple myeloma is an emotional roller coaster for patients, who live life in an uncertain cycle of relapse and remission.1, 2

Almost all patients will relapse.3

Relapse is not just a clinical event, but one that has a serious emotional impact on patients, caregivers and healthcare professionals.1

Many patients feel guilt around the added emotional and physical burden on their loved ones.1

Relapse can affect every aspect of a person’s life.1

- Concentration
- Fatigue
- Bone pain
- Daily activities
- Appetite
- Depression
- Independence

With each relapse fewer people will survive to receive their next line of treatment.4

<table>
<thead>
<tr>
<th>Line of Treatment</th>
<th>Percentage Receiving Treatment</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Line</td>
<td>95%</td>
</tr>
<tr>
<td>2nd Line</td>
<td>61%</td>
</tr>
<tr>
<td>3rd Line</td>
<td>38%</td>
</tr>
<tr>
<td>4th Line</td>
<td>15%</td>
</tr>
<tr>
<td>5th Line</td>
<td>1%</td>
</tr>
</tbody>
</table>

Adapted from Yong K et al. 2016.

Patient with multiple myeloma1

“On relapse it was extremely hard... it's like falling into the dark.”

Patient with multiple myeloma1

“Relapse had an even greater impact because my treatment means going to hospital for admin, this takes time away from my family as they have to take me there, this is a burden but I have no option.”

29% of partners feel like they need more support when it comes to caring for someone with multiple myeloma.4

61% of people with multiple myeloma will receive a second-line of treatment.4

The threat of relapse is always there. Constantly playing on multiple myeloma patients’ minds. But does it have to be this way?

Visit: www.rethinkmyeloma.com to find out more.

Fewer reminders, lasting remission.